



# VALLEY FORGE

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## PARK ALLIANCE

*Inspiring appreciation for and citizen stewardship of Valley Forge Park since 1976.*

**E-News - January 16, 2024**

## **Weed Warriors is BACK!**

Join the Weed Warriors and assist Natural Resource Management in protecting and restoring native plants, controlling invasive plants, and contributing to the overall health and biodiversity of the park!

Volunteers assist with a variety of tasks associated with vegetation management; specifically removing non-native, invasive vegetation (cutting and hand-pulling), preparing for and planting native species (raking thatch, collecting and spreading seed, planting plugs), and protecting native vegetation from deer (installing fencing).



Our winter public Weed Warriors volunteer event dates at Valley Forge National Historical Park (weather permitting) will be:

- Saturday, January 20
- Thursday, February 1
- Saturday, February 24
- Saturday, March 9
- Wednesday, March 13

All of the above dates will be from **12:00 pm – 3:00 pm**.

Please contact Ashley Kroon (Biological Science Technician) at [ashley\\_kroon@nps.gov](mailto:ashley_kroon@nps.gov) if you have any questions or if you want to participate as we will have a limit of 15 people per event. Please note that volunteers under age 18 must participate with an adult.

**Mindfulness Walks Now First Wednesday of  
Each Month**



# MINDFULNESS WALKS

WALK IN VALLEY FORGE NATIONAL HISTORICAL PARK WITH THERAPISTS  
FROM DAEMION COUNSELING CENTER AND TAKE STEPS TOWARDS POSITIVE  
MENTAL HEALTH THROUGH MOVEMENT IN NATURE AND CONVERSATION!

**FIRST WEDNESDAY OF THE MONTH**

**10AM-11AM**

**VALLEY FORGE NATIONAL HISTORICAL PARK**

**VAN STEUBEN PARKING LOT, GRAND PARADE**

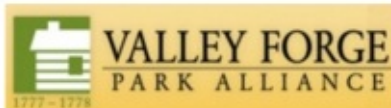
**FAST-PACED 3 MILE WALK ON A MOWED PATH WITH UNEVEN SURFACES**

**FREE PROGRAM, ALL WEATHER EVENT,**

**NO REGISTRATION REQUIRED.**

QUESTIONS? CONTACT DAEMION COUNSELING CENTER:

610-647-1431 OR [MINDFULNESSWALKINGSERIES@GMAIL.COM](mailto:MINDFULNESSWALKINGSERIES@GMAIL.COM)



**Join Ranger Adam Gresek for a Special Trail  
Tuesday Walk, January 30**

Our trail walks have always been popular, but on January 30 we're adding a special guest: Park Ranger Adam Gresek! Ranger Adam will join us to talk about the Tet Offensive in Vietnam, so meet us at 10:00 AM at the General von Steuben statue on Valley Forge Park Road and come along!



## About Our Walks

On Tuesdays, Saturdays, and Sundays, we walk a few miles on a variety of trails. All ages and speeds. The walk is approximately one hour, typically with 10-20 walkers. (Please note: walks are cancelled for inclement weather.)

Dogs and strollers are welcome. To receive weekly email updates on our walks, send an email to [info@vfparkalliance.org](mailto:info@vfparkalliance.org) and request to be added to

the list.

## Valley Forge National Historical Park is Looking for Black and Latino Interns!



Initiated by the Washington Support Office, Youth Programs Division, of the National Park Service in 2012, the [Historically Black Colleges and University Internship \(HBCUI\)](#) program was created to connect students attending Historically Black Colleges and Universities to park units with connections to African American history and culture.

Valley Forge National Historical Park is teaming up with HBCUI to find a Natural Resource Management Division intern! The intern will work within the Valley Forge National Historical Park Natural Resource Division to help achieve resource management goals, while gaining practical experience in natural resource management and contributing to the collection of data and implementation of projects that benefit park resources. The intern will take the lead on the Eastern Box Turtle population monitoring project and assist with other ongoing natural resource management programs, projects, and tasks.

[Interested? Learn More and Apply by February 11](#)

The [Latino Heritage Internship Program \(LHIP\)](#), created by the National Park Service and administered in partnership with Environment for the Americas, is designed to provide internship opportunities to young adults in diverse



professional fields in the National Park Service. The program helps raise awareness of our national parks and historic sites, their accessibility, and the need for the Latino community's involvement in their preservation and in meaningful and relevant science-based internships.



Valley Forge is teaming up with LHIP to find another Natural Resources intern! This intern will work within the Valley Forge National Historical Park's Natural Resources Office to help achieve resource management goals, while gaining practical experience in natural resource management and contributing to the collection of data and implementation of projects that benefit park resources. The intern will take the lead on butterfly monitoring project in the meadows and assist with other ongoing natural resource management programs, projects, and tasks.

Interested? [Learn More and Apply by February 5](#)

## Check Out the New Windows at the Maurice Stephens House



We hope you love the look of the freshly painted and re-installed windows at the Maurice Stephens House. We can't wait to welcome you inside our new home in 2024. In the meantime, we'll keep you updated on construction progress with more photos.

We are just \$200,000 from our fundraising goal. Will you or someone you know consider helping us [cross the finish line](#)? Gifts of \$2,500+ will be recognized on the donor wall inside the house.

P.S. Want to give, but is it not the right time? You can [pledge](#) your support. It's a great



# VALLEY FORGE PARK ALLIANCE

**Franny and Franny Abbott**

Donald Albacker

**Americana Corner**

Alison Babula

Noah Barsky

**James and Carol Beers**

Chris Brennen

Michael Brewen

Patricia Carroll

Mark and Iris Coblitz

Clinton M. and Beth Cochran

John and Anne Collins

**Connelly Foundation**

Mary Connelly

**Tracie Costello**

In honor of Richard and Irene Coyle

In loving memory of Ann Oppert Cubberley

William Damask

John and Pamela DeLuccia

Judy DiFilippo

Keith and Mary Dorman

Bernardine and Leo Doyle

**Tom and Molly Duffy**

Diane Eagon

Ross Ellis

**Embassy Suites Valley Forge**

FGP Foundation

**Mimi Gleason**

Kirk and Sandi Gorman

Great Valley Chapter, NSDAR

Thomas and Lesley Gresko

Jason Hall

Thomas Mackay and Dianne Harris

Barbara D. Hauptfuhrer

Bruce Hauptfuhrer

Dale and Susan Heist

Eric and Lenora Hume

Carlotta Paxson Hutton

Jerry Jacobson

Gregory and Martha Jeffrey

Kevin and Amy Johnson

Carol Kangas

Robert and Elizabeth Legnini

Brook Lenfest

Kathryn Lieb

Jay and Dean Lieberman

In loving memory of Eun Sook Liebling

Joseph Manko

Tony and Binney McCague

John McFassel

**Joseph and Margot McGinley**

Patrick McGinley

**James and Terri McIntosh**

**The McLean Contributionship**

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Amanda Muckle

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**National Park Foundation**

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**Lanny and Ann Patten**

**PECO**

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**Redevelopment Assistance Capital Program**

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Scott and Jan Sachs

Art and Julia Schraivesande

**Schuylkill Highlands**

**Richard Seidel**

**Mark and Deborah Shryock**

**Scott and Carol Sibley**

Brian and Tracey Sisko

**The Society of the Cincinnati in the State of Pennsylvania**

**The Color Guard of the Pennsylvania Society**

**of Sons of the Revolution**

**Ted and Sherryl Strand**

**Jefferson Strider**

Marcie Thompson

Wendy Toldi

**Timothy and Hope Ulrich**

**Univest Corporation**

Fred and Lura Wampler

Deborah Holt Weil

Catherine Wilson

**Joan Woodruff**

**G. Kurt Zeisler**

## Thank You, PECO!



# peco<sup>SM</sup>

## AN EXELON COMPANY

Many thanks to **PECO** for their financial support of the annual March In activities at Valley Forge National Historical Park on December 19! March In is a huge event for the park each year, and PECO's support made it that much easier for staff, volunteers, and

visitors this year. Thank you!

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Email [info@vfparkalliance.org](mailto:info@vfparkalliance.org) to find out how -  
and you'll get a Friends Circle Membership too!*



**I Support The Alliance!**



**Donate Today! Text WASHINGTON to 565-12**



Valley Forge Park Alliance | PO Box 117, Valley Forge, PA 19481

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